

**AquaCast® , Saw Stop® & Designs
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AquaCast Liner, LLC
100 Lake Dr.
Suite 200
Newark, DE 19702

To order:

Phone: (855) WET-CAST
Fax: (302) 778-7911
Email: customerservice@aquacastliner.com

www.AquaCast.com

Made in the USA

PATIENT CAST CARE



THE WaterProof Cast Liner on the Market

**PATIENT CAST CARE
RECOMMENDATIONS**

An AquaCast® Waterproof Cast Liner allows you to continue an active lifestyle - sweat, shower, and swim while wearing your fiberglass cast. AquaCast Liner contains billions of tiny pores which are much larger than moisture vapor molecules but much smaller than liquid water droplets. The AquaCast Liner remains dry and your skin gets wet. Most of the water will drain quickly out of the ends of your cast. Your body heat warms up the remaining water causing it to pass through the liner and the casting tape.

Always follow your doctor's specific instructions about proper care of your cast and your injury.

Frequently Asked Questions:

Can I get my fiberglass cast wet?

Yes. Unlike traditional cotton liners, the AquaCast Liner will not absorb water. Your AquaCast Liner is a breathable, yet liquid-proof lining. Its quilt like design, with pillows to offer additional comfort, provides channels to enable water to drain out of the cast for faster drying time. Your natural body heat will warm any remaining water, causing it to evaporate through the lining. You can shower, bathe, swim and sweat in an AquaCast Liner – everyday

Can I wash my fiberglass cast?

Yes. We recommend washing inside your cast with water and if you desire, and your doctor agrees, a mild soap. After washing, be sure to use a forceful stream of water to rinse the inside of the cast. This may help to reduce odors and irritation and improve the overall skin condition of the affected area. The material will not be affected by most mild soaps. Check with your physician for soap recommendations.

Can I swim in the cast?

Yes. Swimming in your AquaCast Liner is not a problem. When you get out of the water it is recommended that you rinse with a forceful stream of water. Remove as much of the liquid as possible to reduce drying times.

How long will it take my cast to dry?

Drying times may vary based on the cast type and other climatic conditions. No special drying procedures are necessary after wetting the cast. Factors that affect drying time include the air temperature, humidity levels, as well as your body temperature and activity level. You can reduce the drying time by draining the water from your cast after you are out of the water. Your doctor or cast technician may have suggestions for how to do this.

CAST CARE:

Always follow your doctor's and cast technician's recommendations. **Your AquaCast Liner® will not require any special care.** Simply rinse the inside of your cast thoroughly after you swim, sweat, or shower with a forceful stream of water. Inspect the skin around the cast on a regular basis for any changes.

WHAT TO AVOID:

- Do not insert anything into the cast
- Do not use lotions, oils or powders near the cast
- Do not pull or tear out the cast liner
- Do not engage in rough activities that could damage the cast area
- Do not place additional padding or materials in the cast

CONTACT YOUR PHYSICIAN IF:

- You experience pain or swelling
- You feel a sore or blister develop inside the cast
- You experience tingling or numbness
- Your cast breaks, cracks or becomes loose
- You develop soft spots in the cast
- You develop a fever
- You have any questions about your cast or treatment

This brochure is not intended to supersede any instructions given to you by your physician, cast technician or other health care professional.